

STUDY GUIDE – “Moving Forward in Freedom”

Theme Verse:

John 8:36 – *“So if the Son sets you free, you will be free indeed.”*

Section 1: Understanding Freedom in Christ

Q1. What does it mean to be “free indeed” according to John 8:36?

Q2. What are the differences between worldly freedom and spiritual freedom?

Reflection:

- Are there areas in your life where you’ve accepted forgiveness but still live in bondage?
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Section 2: Old Testament Insight – The Exodus

Read: Exodus 14:13–16

Q3. What did God tell the Israelites through Moses?

Q4. Why do you think some Israelites wanted to go back to Egypt (Numbers 11:5)?

Q5. How does this relate to the temptation to return to past behaviors or comforts?

Reflection:

- Have you ever been tempted to return to a place God delivered you from?
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Section 3: New Testament Insight – Paul’s Life

Read: Galatians 5:1; Romans 8:1–2

Q6. What kind of freedom is Paul describing?

Q7. How does guilt or striving affect your relationship with God?

Reflection:

- What would it look like to live fully in the grace God provides?
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Section 4: Obstacles to Freedom

Scriptures to Read:

- Psalm 103:12
- 2 Timothy 1:7

- Numbers 11:5
- 2 Corinthians 5:17

Q8. Which obstacle (guilt, fear, comfort, shame) is hardest for you to overcome?

Q9. What promise from Scripture helps you confront that obstacle?

Section 5: Walking in Freedom

Read:

- Galatians 5:16
- Romans 12:2
- Philippians 3:13–14

Q10. What steps can you take daily to move forward in freedom?

Personal Action Step:

- Identify one area in your life where you will begin walking in freedom this week.